

AAF Fall Class Schedule

(Rimforest & Lake Gregory)

Track A: 10/04-11/05--Track B: 11/07-12/16

No Class Fall Break (11/21-11/25)

Tumbling

Rimforest: Wednesdays

9:30am (1.5-4 yrs)

Rimforest: Thursdays

4:00pm (4.5-8 yrs)

Lake Gregory: Fridays

3:15-4:00pm (3.5-7 yrs)

4:00-4:45pm (6-10 yrs)



Intro to Aerial Hammock

Rimforest: Tues and/or Thurs

3:15pm (6+ yrs)

Circus Hammock & Tumble

Rimforest: Tuesdays

4:00pm (6-11 yrs)

Competition Teams

DanceSport (Competitive Dance)

Rimforest: Tuesdays 5:45pm and

Lake Gregory: Fridays 5:15pm

Ages 8+ yrs (instructor appr required)

GymSport (Competitive Gymnastics)

Rimforest: Tuesdays 4:45pm and

Lake Gregory: Fridays 3:45pm

Ages 8+ yrs (instructor appr required)

Dance

Rimforest: Thursdays

Combo Dance (Ballet, Tap/Jazz)

(3.5-7yrs) 5:00pm

Lake Gregory: Fridays

Combo Dance (Ballet, Tap & Tumble)

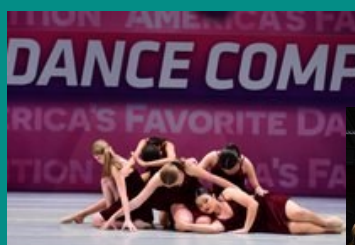
3:15pm (3.5-7 yrs)

Hip-Hop Dance plus Tumbling

4:00pm (5-10 yrs)

Lyrical & Musical Theater Dance

4:45pm (8+ yrs)



Payment Options:

By the Class (\$15)

5-week 1/2 Session (Track A or B) \$70

10-week Session (Track A and B) \$130

For Details and Registration:

www.AltitudeAerialFitness.com

(909) 867-5531

AltitudeAerialFitness1@gmail.com

